

Barb Runyon

From: Nancy Spinella <NSpinella@mseap.com>
Sent: Wednesday, April 08, 2020 2:37 PM
To: Barb Runyon
Subject: New COVID-19 Resource Center on our website!

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Good afternoon, Barb!

I am hoping that you are well and staying safe. In response to the growing request for resources surrounding this recent pandemic and the changes that it has imposed upon us, our workplaces, and our society, our website now features a special COVID-19 Resource Center. To access this information, simply go to www.mseap.com and click "Member Login" in the top right, then enter your employer-specific Access Code **BANDH** -- all employees (and their household members) can use this same code to enter the site, and each person can create their own personal login by clicking "My Advantage" at the top of the page. Usage of the site is confidential and creating your own account is optional for most of the resources!

You may need to scroll down a little, depending on your browser, but it's first category "tile" and is titled "COVID-19 Resource Center." Once you click on that, you can choose additional categories: Pandemic Resources, Webinars, Support for First Responders, Resilience, Working Remotely, Supporting At-Home Children, Financial Stress & Stability, Emotional Wellbeing, Older Adults & Caregivers, and Military Personnel & Families. I'd like to give a special shout-out to our very own Andrea Angelucci, who created an excellent five-minute presentation (linked here: <https://mseap.personaladvantage.com/portal/content/10120566;subject=10120419>) on the topic of What Employers and Employees Should Know during this time, with tips on managing the psychological impact of the pandemic. The site links to a YouTube video, but if you're having issues accessing it, please let us know and we can give you an alternative way to view it. Please check it out!!

We hope this special resource center, in addition to the continually updated News Alert information page, will help ease anxiety and tension as well as provide valuable information for all employees and their loved ones.

As always, please let us know if you have any questions or if there is anything that we can do to assist you! Our staff continues to be available and our nationwide provider network is able to do virtual and telephonic sessions through the EAP.

Take care,
Nancy

Nancy Spinella

Client Solutions Specialist

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